STAND UP SIT DOWN GAME
This exercise is a good way to show that everyone benefits from a strong community, not just the poor, the homeless or the less fortunate. Almost everyone has been touched by services funded through United Way – either as recipients or through someone close to them.

Start the quiz by having everyone in the room stand up. Explain that you will read a question; instruct participants that whoever can answer “yes” to that question to sit down. More than likely, everyone in the room will be sitting before you have finished reading the list.

UNITED WAY PRIORITIES
Have you or someone close to you...

1. participated in an after-school program?
2. known someone with Down's syndrome?
3. had a child receive a free book at school?
4. been a mentor to a child?
5. learned to swim through group lessons?
6. needed employment skills training and placement assistance?
7. volunteered to serve/deliver meals?
8. had a parent or grandparent who lived in a residential care facility?
9. been required to take an anger management class?
10. taken a self-defense or safety awareness class?
11. needed day-care for a child?
12. had elderly parents or grandparents who needed help to stay in their own home?
13. participated in a camp?
14. had a problem with alcohol or drug dependency?
15. been a Boy Scout or a Girl Scout?
16. needed help to talk to a child about staying away from strangers?
17. needed help to feed their family or pay the rent?
18. experienced a suicide at work or in the family?
19. taken a parenting class?
20. known someone at risk of becoming a gang member?
21. needed an emergency shelter?
22. just needed someone with whom to talk to on the phone in a time of crisis?
23. tried to help a parent or grandparent understand their Social Security benefits?
24. needed clothing or school supplies for school-age children?
25. known someone seeking help from a domestic violence situation?
26. been homeless?
27. known a runaway teen?
28. needed to fulfill community service hours?
29. known someone with psychiatric disabilities that require supportive housing?
30. known someone at risk for AIDS?
31. told someone about 2-1-1?
32. battled with weight issues?
33. not been able to balance a checkbook?
34. had difficulties with math or reading?
35. dropped out of high school?