

# STAND UP SIT DOWN GAME

This exercise is a good way to show that everyone benefits from a strong community, not just the poor, the homeless or the less fortunate. Almost everyone has been touched by services funded through United Way – either as recipients or through someone close to them.

Start the quiz by having everyone in the room stand up. Explain that you will read a question; instruct participants that whoever can answer “yes” to that question to sit down. More than likely, everyone in the room will be sitting before you have finished reading the list.

## UNITED WAY PRIORITIES

*Have you are someone close to you...*

1. participated in an after-school program?
2. known someone with Down’s syndrome?
3. had a child receive a free book at school?
4. been a mentor to a child?
5. learned to swim through group lessons?
6. needed employment skills training and placement assistance?
7. volunteered to serve/deliver meals?
8. had a parent or grandparent who lived in a residential care facility?
9. been required to take an anger management class?
10. taken a self-defense or safety awareness class?
11. needed day-care for a child?
12. had elderly parents or grandparents who needed help to stay in their own home?
13. participated in a camp?
14. had a problem with alcohol or drug dependency?
15. been a Boy Scout or a Girl Scout?
16. needed help to talk to a child about staying away from strangers?
17. needed help to feed their family or pay the rent?
18. experienced a suicide at work or in the family?
19. taken a parenting class?
20. known someone at risk of becoming a gang member?
21. needed an emergency shelter?
22. just needed someone with whom to talk to on the phone in a time of crisis?
23. tried to help a parent or grandparent understand their Social Security benefits?
24. needed clothing or school supplies for school-age children?
25. known someone seeking help from a domestic violence situation?
26. been homeless?
27. known a runaway teen?
28. needed to fulfill Community Service hours?
29. known someone with psychiatric disabilities that require supportive housing?
30. known someone at risk for AIDS?
31. told someone about 2-1-1?
32. battled with weight issues?
33. not been able to balance a checkbook?
34. had difficulties with math or reading?
35. dropped out of high school?