

Parents as Teachers

Parents as Teachers (PAT) provides parents knowledge and skills to make the most of the crucial early learning years. PAT is a free program for all soon-to-be parents and their children to age three. The program provides timely information on child development and neuro-scientific research and involves parent-child activities that encourage language development, intellectual growth, social development and motor skills. Certified parent educators provide personal visits, play groups and screenings.

Auburn-Washburn, (785) 339-4762

Kaw Valley, (785) 584-6731

Seaman, (785) 887-6004, ext. 2

Shawnee Heights, (785) 379-5930

Topeka Public Schools, (785) 271-3662



School District Developmental Preschool Services

Preschool Services helps parents of qualifying children understand and recognize developmental milestones and evaluate a child's development level.

Auburn-Washburn, (785) 339-4673

Kaw Valley, (785) 584-6731

Seaman, (785) 575-8670

Shawnee Heights, (785) 357-5440

Silver Lake, (785) 582-4944

Topeka Public Schools, (785) 235-7240

Shawnee County Health Agency (785) 368-2053

Healthy Start provides no cost visits to pregnant women and families with a baby or toddler (birth through one year and beyond) to assess and reassure parents about health issues.

(785) 272-2670 ext 18

Public Health Nurses provides free education and support to pregnant women and families with a baby, facilitates access to community resources as needed and is designed to give children a healthy start in life.

(785) 272-2670 ext 18

Bright Beginnings Healthy Futures is a no-cost program where registered nurses visit mothers and families with newborns. Health assessments are completed for mom and baby and newborn care education and guidance are provided.

(785) 272-2670 ext 17

Shawnee County Infant/Toddler Services at TARC (785) 233-7374

Infant/Toddler Services help families address concerns regarding a child's growth and development. Developmental screenings and/or evaluations are no cost to families. If eligible, a team from TARC and Shawnee County Health Agency will support the family in helping a child achieve developmental milestones.

The PACT Program (Parents and Children Together) offers parents with developmental disabilities parenting support and developmental screens for their children.

Sheldon Head Start (785) 438-4530

Sheldon Head Start is a preschool program for income-eligible families. It is a half day program 3 1/2 hours, four days a week. Families are involved in the preschool program. Comprehensive health, nutrition, social services, GED & parenting classes are offered.

St. Francis Health Center (785) 295-5498

The Breast Feeding Resource Center offers free drop in clinics seven days a week at the central location, and a Wednesday clinic at the North location. Support and expert guidance are available for breast feeding and bottle-feeding families.

The New Life Center offers a full range of classes for expectant families and their children. (785) 295-8247

Stormont Vail HealthCare (785) 354-5034

The Breast Feeding Support Services offers free breast feeding support classes, follow-up for all families and advice about breast and bottle feeding. The clinic is open Monday through Saturday.

The Stormont Vail Birthplace offers classes for children, expectant parents and families.

TDC Learning Centers (785) 272-5051

TDC Learning Centers, Inc. provides quality child care and education through three programs in the community: Full Day Care, the Parent-Child Learning Center (for parenting teens) and Employer Sponsored Child Care.

SUCCESSFUL CONNECTIONS



Home Visitation & Family Support Programs

*Connecting programs & services
to parents-to-be
and families of young children.*

LIVE UNITED™

United Way
of Greater Topeka



WHAT IS SUCCESSFUL CONNECTIONS?

Successful Connections, a program of United Way of Greater Topeka, offers access to a wide array of programs and services for pregnant women and families with young children. Successful Connections has an early identification and referral team who can answer questions and connect expectant moms and families with programs addressing specific needs.

Successful Connections collaborates with more than a dozen programs in Shawnee County which



provide home visitation and family support services.

Through the Shawnee County Interagency Coordinating Council (ICC), ICC provides leadership for a county-wide educational

and support system for expectant families and families with young children.

SUCCESSFUL CONNECTIONS

Phone

(785) 272-0878

Email

successfulconnections@unitedwaytopeka.org

Address

1315 SW Arrowhead Road,
Topeka, Kansas 66604

DIRECTORY OF AVAILABLE RESOURCES

Born Learning (785) 272-0878

Born Learning is a national initiative of United Way, and recognizes that babies are “Born Learning.” Parents of children born in Shawnee County receive newsletters, a home visit and at least three free books during their baby’s first year. This program is a collaborative effort among United Way, St. Francis Health Center, Stormont Vail HealthCare, Shawnee County Health Agency, the Topeka and Shawnee County Public Library and ERC.

Catholic Community Services (785) 233-6300

Fatherhood Network offers support and information to enrich a father’s involvement with his children.

Pregnancy Counseling Service provides education, information and counseling services to expectant parents facing an unplanned pregnancy, including an adoption program. All services are free and confidential.

Community Action Head Start (785) 266-0245

Early Head Start provides services to income-eligible pregnant women and parents of children up to age four, including those with disabilities. Services include weekly home visits, developmental assessments and social activities. Child care may be provided for families working outside the home, attending school or job training. Hablan español.

Head Start is a preschool educational program for income-eligible families with children ages three to five. Families may receive home visits and participate in comprehensive health, nutrition and social service programs. Parents of enrolled students may attend GED, health, nutrition, safety and first aid classes. Parents are encouraged to volunteer in their children’s classrooms. Child care is available.

Community Services includes Family Institute parenting classes, child safety seats, the Back-to-School Fair and more. For more information, call 235-9296.

Family Service and Guidance Center (785) 273-8429

Family Service and Guidance Center works with children from birth to five years and their families to reduce conflict and build stronger families. Case management services and a full range of therapy services are available. Parenting programs address issues such as obtaining needed resources, improving parenting skills or organizing households.

Kansas Children’s Service League (785) 274-3100

Healthy Families Topeka offers Shawnee County parents prenatal services and beyond for the first or second child. Home visitors provide information about child development, parenting and community resources. Enrolled families receive intensive home visits and participate in monthly family activities.

From Heart to Home offers pregnancy counseling and adoption counseling. On the other side, this program also offers support and assistance to people who are interested in adopting an infant.

Family Resource Center assists individuals, families and professionals with easy access to crisis resources and support systems within the community. Through FRC, families receive assessments and service referrals. When appropriate, FRC provides case management to include services for Spanish-speaking families and the Drug Endangered Child (DEC) program. The DEC program provides specialized case management services with substance-abuse issues.

Heartland RADAC (800) 281-0029 | www.hradac.com

Heartland RADAC helps individuals access alcohol and drug treatment services, and assists everyone involved in the recovery process. It also offers the national “How to Cope” program, which helps families who are struggling with the addiction of a family member.

K-State Research & Extension, Expanded Food & Nutrition Education Program | (785) 232-0062 ext. 119

EFNEP is a free nutrition education program for low-income families. Nutrition assistants will meet with families in either agency-sponsored groups or through home visits. Nutrition programs include: Feeding Young Children, Feeding our Youngest, Quick Meals, Health Eating on a Budget and Food Safety.

